In the city or in the country, along the highway or throughout the parks littering can be a costly and unsightly problem.

Litter can do the following:
- Pollute the land and waterways of Kansas
- Harm animals and vegetation
- Take away from the beauty of the state

WHAT CAN I DO?
- Be active in helping to keep your town or community clean.
- Recycle aluminum, glass, paper and plastic.
- Buy recycled materials whenever possible.
- Don’t throw litter out of vehicles.
- Join KDOT’s Adopt-A-Highway program or other local anti-litter organizations.

HOW DO I JOIN?
- Any non-profit group that does not discriminate on the basis of race, religion, color or sex can participate in the Kansas Department of Transportation’s Adopt-A-Highway program by calling your District office.

NOTE: This form is available in alternative accessible formats. To obtain an alternative format, contact the KDOT Bureau of Transportation Information, Eisenhower State Office Building, 2nd Floor, Topeka, Kansas 66603-3754, or phone (785) 296-3585 (Voice)/(Hearing Impaired -711).
Thanks for participating in the Adopt-A-Highway program! This brochure provides information to help you have a safe and enjoyable time while working to keep Kansas roadways clean.

**WHAT CAN I DO?**
- Only pick up trash and litter.
- Car pool to reduce number of vehicles and park only in recommended areas.
- Work one side of highway at a time.
- Work only during daylight hours.
- Avoid contact with poisonous plants.
- Have a first aid kit and transportation available in case of emergency.

**THINGS NOT TO DO**
- Do not allow children or pets at the litter pick up area or leave them in parked vehicles.
- Do not mow or trim shrubs/weeds.
- Do not carry firearms, machetes or axes.
- Do not cross traveled sections of roadway.
- Do not pick up litter on bridges, underpasses, or overpasses.
- Do not use headsets or cell phones.

**BE ON THE ALERT**
- Notify nearest KDOT office, the Kansas Highway Patrol or the police of suspected toxic/hazardous substances or dead animals DO NOT try to remove.
- Be alert for places where snakes may be located such as around logs, rocky area and tall grass. Avoid these areas.
- Fill sack with what goes in easily. Do not squeeze trash sacks to make room. This could result in injuries from broken or jagged objects.
- Stay clear of any maintenance or construction activities.
- Stay off roadway and paved or unpaved shoulder area, to pick up litter.

**HELPFUL HINTS**
- Face oncoming traffic while you work. Be prepared to move out of the way of the vehicles in an emergency.
- Avoid overexertion.
- Have a refresher session on safety awareness each time a crew goes out.
- Crew members should have the following minimum qualifications:
  - Good physical condition, including sight and hearing.
  - Mental alertness.
  - A sense of responsibility for safety of public and crew.
  - A willingness to use good common sense.
  - Must be at least 11 years old.

**WHAT TO WEAR**
- Wear light-colored clothing and your safety vest at all times.
- Wear heavy gloves. Do not pick up discarded syringes or hypodermic needles.
- Wear substantial leather shoes or boots with ankle support. Stay off steep slopes and watch your footing.
- Wear a hat and consider using sunscreen and insect repellent.
- Wear long-sleeved shirts when temperatures allow.

**WEATHER**
- Discontinue work in inclement weather, especially in times of reduced visibility and wet or icy roads.
- Be cautious of dry conditions. Be alert to fire hazards and do not smoke while working.
- Take breaks, especially when it’s warm. Drink plenty of water, especially on warm days.
- Try to schedule clean-up times in the morning when it’s cooler and visibility is better.