

Kansas

Active Transportation Plan



A Fun, Healthy, Affordable Way to Connect People and Places

Many Kansans are discovering that walking, bicycling, rolling and other forms of active transportation are fun and healthy ways to get around. For others, active transportation has long provided an essential need: an affordable way to get to work, school, transit, the store and other important destinations. The Kansas Department of Transportation (KDOT) is committed to providing transportation options for you to get from place to place safely and conveniently no matter your age, your abilities, or your background. There is still work to be done. Join us as we plan a better future for active transportation in Kansas.

The Kansas Active Transportation Plan (ATP)

Imagine a future with greater choices for how you get around. Working closely with national and local experts in planning, design, and safety, KDOT is developing the state's first Active Transportation Plan (ATP) in 25 years. The ATP will look at the needs of people who walk, cycle, use mobility assistance devices, scoot, and more. The plan will focus on how things can be improved through better policies, planning, design, and partnerships with other state agencies and local communities.

Project Schedule



We Want to Hear from You

Whether you use active transportation regularly, rarely, or somewhere in between, your input and ideas are critical to developing this plan. Here's how:

- Attend an online info session to learn more and share your thoughts.
- Respond to this quick survey at: www.surveymonkey.com/r/KansasATP
- Stay up to date by following us on the web (www.ksdot.org/KansasATP.asp) and social media (www.facebook.com/KansasATP).
- Share your story! Tell us how and why you incorporate active transportation into your life at www.surveymonkey.com/r/KansasATP/Stories.

In addition to gathering input from the general public, KDOT and its consultants are working closely with an internal Technical Advisory Committee and a Core Team of stakeholders from across the state, including government staff and officials, community members, healthcare professionals, transportation planners and designers, advocacy groups and many others.

Benefits of Active Transport

Here are just a few of the many benefits that active transportation brings to its users and the broader community:

Improved Health and Lower Healthcare Costs

Active lifestyles can make a significant positive impact on physical and mental health and reduce the overall costs of providing healthcare in Kansas. *Seven of the top 10 leading causes of death in Kansas are due to chronic diseases¹.* Walking and bicycling are basic forms of physical activity that can help address the personal and community costs of poor health outcomes that result from inactive lifestyles. *The CDC recommends changing the built environment in communities to make it easier for people to walk and bicycle as a strategy to prevent chronic disease².*



Reduced Pollution

Increasing active transportation in Kansas can help make the air cleaner today and reduce the impacts of human-caused climate change. *Biking and walking are zero-emission transportation modes.* When people use active transportation instead of driving, motor vehicle-related air pollution emissions go down, thereby reducing the harmful effects of motor vehicle pollution on the environment and human health.



Increased Quality of Life, Equity, and Economic Vitality

Active transportation helps make communities more livable. *Nationally, people who agree they have places to walk to nearby also report that they are more satisfied with their quality of life³.* In addition, communities that invest in mobility alternatives like walking and bicycling often generate higher property values and tax revenues after making such investments.

Active transportation benefits everyone by expanding mobility choices and ensuring that local businesses can retain the workforce they depend on. *In Kansas more than 69,000 households lack access to a motor vehicle. While most households with above-average incomes have a car, only half of low-income households do⁴.*

This impacts these families' ability to access jobs, school, transit, health care and other necessities. Safe and easy opportunities to walk or bike to these essential destinations and services can reduce the burden on households with limited motor vehicle access from needing to purchase one. *Providing access to active transportation can be a powerful strategy for improving upward economic mobility⁵.*



For More Information

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¹2017 Annual Summary of Vital Statistics, Bureau of Epidemiology and Public Health Informatics, KDHE.

²US Department of Health and Human Services, Centers for Disease Control and Prevention, Division of Community Health. (2013). *A Practitioner's Guide for Advancing Health Equity: Community Strategies for Preventing Chronic Disease.*

³National Association of Realtors 2017 Community and Transportation Preference Survey.

⁴US Census Bureau American Community Survey 2014-2018. Sourced from: kansashealthmatters.org.

⁵Chetty, R., et al. (2014). Where is the Land of Opportunity? The Geography of Intergenerational Mobility in the United States (Rep.). Harvard University and the National Bureau of Economic Research.